

1st TNPM in Hungary with Pratical Educational Events and Amateur WSB Championship

WSB in EU - ToT
ERASMUS+ Sport

AGENDA

Transnational Project Meeting Program

Water Skyball in Europe Training of Trainers, TNPM#1

Project No. 101134194

Venue: Szeged, Date: 28/06/2024 – 01/07/2024

June 28, Friday - Zsombo, sport center:

- 09:30 Arrival to the sports center in Zsombo (address: Zsombó, Dózsa dűlő 140.)
- 09:30-10:30 Tour around the sports center and refreshment
- 10:30-11:30 Introduction of the teams and introduction of the structure of the 4 days. Then changing to sports clothes
- 11:30-13:00 Playing WSB in the pool
- 13:00-14:30 Lunch break - we'll order food to the sports center
- 14:30-17:30 Training exercises on land and in water
- 18:00-19:30 Dinner at the sports center - campfire food

June 29, Saturday - Zsombo, sports center:

- 09:00-09:30 Arrival to the sports center in Zsombo
- 09:30-10:30 Short discussion session about the 1st day, questions, feedbacks. Then changing to sports clothes
- 10:30-12:30 Training exercises on land and in water
- 13:00-14:30 Lunch at a nearby traditional Hungarian tavern
- 15:00-17:00 Training exercises on land and in water
- 17:00-18:00 Discussing the next day, the tasks of each team member during the amateur cup
- 18:00-20:00 Short sightseeing walk in Szeged and dinner

June 30, Sunday - Mako Hagymatikum aquatic center (address: Makó, Makovecz tér 6.)

- 9:30 Arrival to the aquatic center in Mako
- 10:00-17:00 Amateur WSB Championship
- 17:00- Leisure time

July 1, Monday - Zsombo, sports center

- 09:00- Arrival to the sports center in Zsombo

- 09:30-12:30 Training exercises in water and playing WSB matches
- 13:00-14:00 Assessment of the 4 days, feedback, lessons learnt discussion during lunch
- 14:00- Departure

Required clothes for the WSB training sessions at the sports center:

- Swim suits or sport tops for the ladies, optionally sport shirts
- Shorts for men, optionally sport shirts
- Optionally long sleeve sport shirts (if you are sensitive to sun)
- Clean sports shoes for the on land and in water exercises (you can be barefoot in the water as well)
- Towels and optionally bathrobe after coming out from the pool (most probably the weather will be hot, but can come handy)
- Sun oil!
- Baseball cap (but we can also provide you some)

Evaluation Report:

The first Transnational Project Meeting was successfully organized in Hungary, combining practical training sessions, theoretical discussions, and an amateur Water Skyball Championship. The event brought together trainers and project partners from multiple European countries to enhance knowledge sharing and practical competencies related to the Water Skyball sport.

Key Results:

- 52 participants took part in the training sessions and workshops.
- 24 participants competed in the Amateur Water Skyball Cup held in Makó.

Participants gained hands-on experience in both in-water and on-land training methodologies. The event strengthened the collaboration between partners and provided valuable feedback for future training programs.

Main Outcomes:

- Improved understanding of Water Skyball coaching techniques.
- Enhanced teamwork and communication among international participants.
- Collection of valuable feedback to refine the educational materials.
- Increased visibility of the sport at local and national levels.

Conclusion:

The meeting achieved its objectives, providing both educational and networking benefits for all participants. The combination of professional training and public sport event effectively promoted the Water Skyball methodology as an innovative and inclusive sport activity in Europe.

Feedback assessment

1. Overall organization of the event:

Participants highlighted the excellent coordination, clear scheduling, and professional communication throughout the four days. The event structure was easy to follow and allowed sufficient time for both training and informal discussions.

2. Quality of training sessions:

The combination of land and water exercises proved to be very effective. Participants found the sessions engaging and well-prepared, helping them to understand the technical and pedagogical aspects of Water Skyball.

3. Relevance of content:

Trainers and participants agreed that the topics covered were highly relevant to their professional work. The balance between theoretical knowledge and practical exercises provided real added value.

4. Usefulness for professional development:

Most participants stated that they could directly apply the skills and methods learned during the program in their own sport or educational environments. The training contributed to their growth as coaches and facilitators.

5. Satisfaction with accommodation and logistics:

Feedback on accommodation and local organization was generally very positive. Some participants mentioned that travel between Zsombó and Makó required additional coordination, but this did not impact the overall positive experience.

6. Overall satisfaction:

All participants expressed that the meeting fully met or exceeded their expectations. They especially appreciated the supportive atmosphere, the professionalism of the trainers, and the opportunity to participate in the Amateur Water Skyball Cup.

Comments (summary):

- “A fantastic learning experience and great atmosphere.”
- “Well-balanced program between sport and leisure.”
- “The amateur cup was a highlight – real-life demonstration of the sport’s community potential.”

Conclusion:

The feedback confirmed that the event met participants' expectations in all major areas. The professional content, enthusiastic trainers, and supportive environment created a strong foundation for future project meetings and for the dissemination of Water Skyball across Europe.

PHOTOS









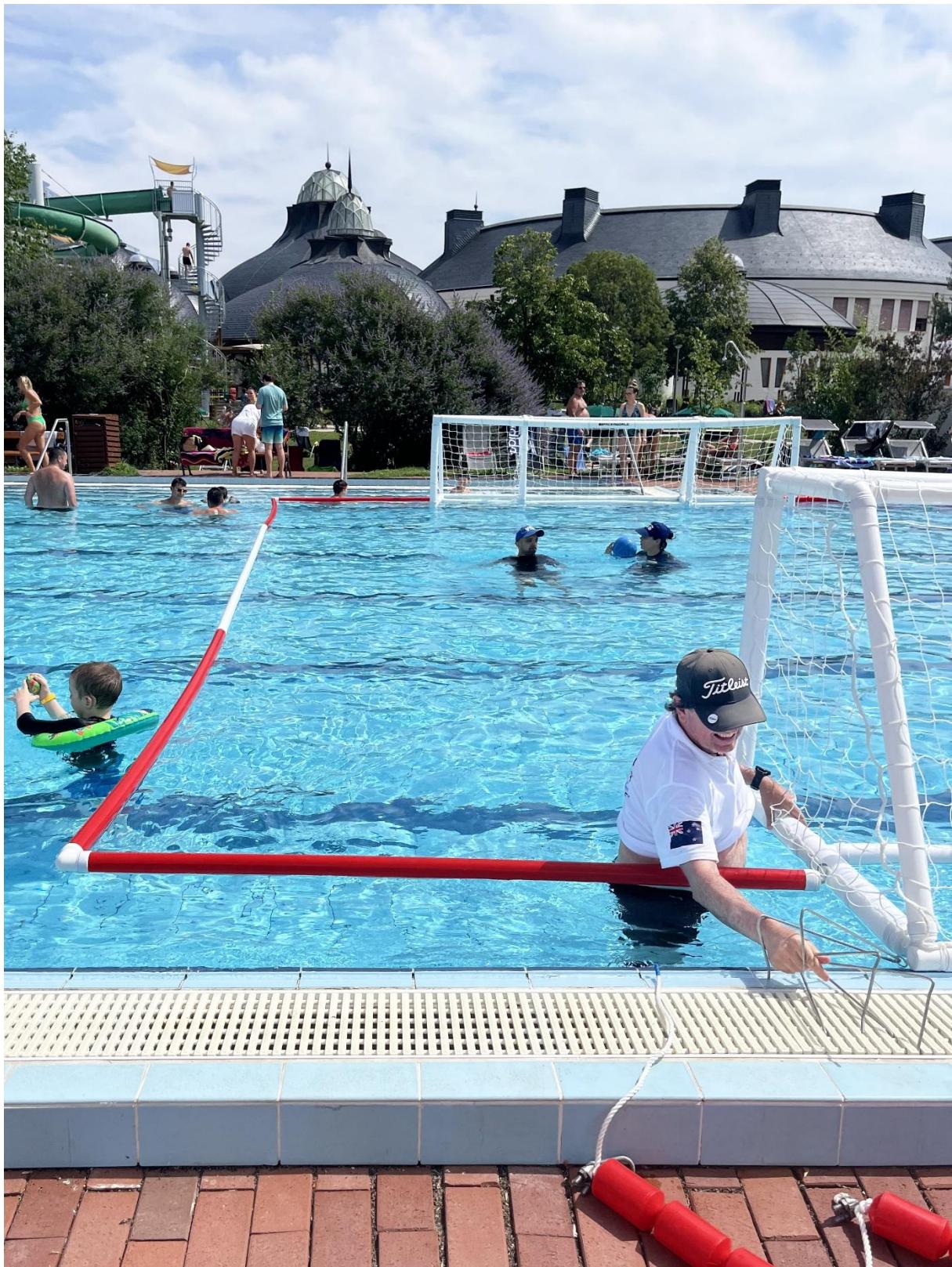






































PHOTOS OF THE EVENT